

EAST RAND HIKING CLUB

June 2018 Newsletter

IMPORTANT INFORMATION!

East Rand Hiking Club Contact Information

For all account queries and proof of payments please direct all emails to:

accounts@eastrandhikingclub.co.za

For all new memberships or queries on memberships please direct all emails to:

membership@eastrandhikingclub.co.za

For all general enquiries please direct all emails to:

info@eastrandhikingclub.co.za

Website & Facebook:

www.eastrandhikingclub.co.za

Our Facebook page is up and running and in full swing. Please do not hesitate to post HIKING photos, message or notifications of HIKING events that you would like us to know about.

Log onto Facebook and search under pages for: East Rand Hiking Club



SPECIAL MENTION

We would like to extend our deepest condolences to the families and friends of Terry Banks, Sergiy Petushkov and Eric Hahn.

To our fellow hikers, may you find peace walking with the angels and may your families and friends find the strength to get through this difficult time.



THINGS UP FOR GRABS!

WE are happy to announce that our inventory and variety of items is increasing. We now have the following up for grabs:

ERHC First Aid Kits	Gold Member: R 125.00	Silver Member: R 140.00
ERHC T-Shirts	Gold Member: R 135.00	Silver Member: R 150.00
ERHC Howzit Seats	Gold Member: R 350.00	Silver Member: R 390.00

Orders and payments can be made to the club. Simply email Karen or Alex or Sarah



WELCOME!

Welcome to all our current members, new members and prospective members. We hope to see you all on the trails soon

Platinum: Honorary members

Gold: Memberships paid in full

This will entitle you to a 20% discount on all hikes as well as a 10% discount on all merchandise sold by The East Rand Hiking Club. You will also get priority on hiking waiting lists

Silver: No membership fees paid

This will entitle you to book hikes and buy the merchandise sold by The East Rand Hiking Club at full price

Single: R 290.00 – current members R 315.00 – new members

Family: R 425.00 – current members R 450.00 – new members

Family membership has now also been extended to immediate family - not necessarily living with you



HAPPY HAPPY BIRTHDAY!

We would like to wish the following people a very happy birthday from all of us at The East Rand Hiking Club. May your year ahead be filled with health, happiness and tons of hiking!

Kevin	Healey	12	Jun	
Carole	Elliot	2	Jul	
Wendy	Theron	13	Jul	
Terry	Youens	18	Jul	Turns a very young 80 this year
Gretta	Jones	19	Jul	
Barry	Elshove	21	Jul	
Lauren	Meek	7	Aug	
Joss	Roberts	17	Aug	
Julie	Harries	25	Aug	
Heather	de Bruin	26	Aug	
Chris	Jones	10	Sep	
Tony	Kartounis	10	Sep	
Lana	Petushkov	28	Sep	Turns a very beautiful 40 this year

HIP, HIP, HOORAY, MAY YOU ALL HAVE A WONDERFUL BIRTHDAY 😊

If I have missed anyone's special day, please let me know so that I NEVER miss it again!



WHAT IS HAPPENING IN JULY, AUGUST & SEPTEMBER!

Our yearly planner has been launched but please keep an eye on the website, facebook, newsletters and your emails for updates. Any hike suggestions please email info@eastrandhikingclub.co.za

DATE	EVENT	Gold Member	Silver Member	LEADER	DETAILS
13 Jul 18 - 15 Jul 18	Suikerbosrand Backpack	Pay at the gate		Alex: 0824463752	Get fit, get strong, get out of the city. One our favourites and perfect for Nauklauft training
15 Jul 18	Suikerbosrand Day Hike	Pay at the gate		Eddie	Meet in the morning, walk the hills of the suikerbosrand then meet our weekend hikers afterwards
1 Aug 18 - 4 Aug 18	Wolhuter wilderness trail Basecamp	R 4,930.00	R 4,930.00	Boksburg Hiking Club. Werner: 0760485568	Weekend wilderness base camp hike in the Kruger National Park with our friends from Boksburg. Fees to be paid to Boksburg Hiking Club
4 Aug 18 - 19 Aug 18	Nauklauft Namibia Backpack	Two places up for grabs. Contact Alex if you want to join us		Alex: 0824463752	Chains, ladders, excitement... what more could a hiker want
12 Aug 18	Rustig Day Hike	Pay at the gate		Izak: 0823221088	You have the choice - 14km rather strenuous walking the whole day or 9km average but still very nice. Izak will decide on the day - depending on the group that arrive
18 Aug 18 - 19 Aug 18	Suikerbosrand Steenbok Hut Backpack	R 150.00	R 150.00	Boksburg Hiking Club: Wendy 0832605282	Overnight hike to Steenbok Hut with our friends from Boksburg. Fees to be paid to Boksburg Hiking Club
2 Sep 18	Spring day social meet and greet at Modderfontein Nature Reserve	Pay at the gate		Sally: 0824140140 or Sarah : 0795172207	Join us at 7am to hike the morning away or join us at 12:00 for a bring and braai meet and greet. Chat about hikes coming up and meet your leader. Sarah will lead the hikers
22 Sep 18 - 24 Sep 18	Queen Rose Backpack/ Slackpack TBC	R 460.00	R 580.00	Sally: 0824140140 or Sarah : 0795172207	One of my favourite "abbadentures" perfect for families and beginners. Fees to be paid to ERCH



STORY TIME!

This month is not a story but rather a Chairman's Chat. Thanks Alex for the chat!

Chairman's Chat.

12/07/2018

Greetings fellow hikers, members and readers.

I hope you are all well and still hiking even though we have had some cold weather in Johannesburg.

So, I must tell you all, I am looking forward to our hike at Suikerbosrand this weekend. By the time you read this it will have been done but I haven't done a two-day hike there for years. For some of us it is a training hike for Naukluft which is in a few weeks' time.

So, Suikerbosrand. Tomorrow, Friday we start at lunch time and hike to Springbok hut. It is always a bit of a rush on Friday getting there and booking in and then hiking but I remember the wonderful feeling of sitting around the fire in the evening and knowing we still have a full weekend ahead. Did it many times with my kids so it will bring back wonderful memories.

So, Naukluft in three weeks' time. Wow I am so looking forward to this. I noticed from the pictures I was going over that the last time we did it was in 2013. I hope I am fit enough, but I must tell you I have had this as an incentive to stay and improve my fitness over the past two months. Doing this during winter is difficult but when you have a goal in mind it is easier. I got a video the other day from one of the other members on the hike and she was walking on the treadmill with her full back pack on. Incentive!

So back to the hiking program. We have some great hikes on the program later on this year and I encourage you to book early. Somabula is already fully booked.

We have Queen Rose, Wathaba, Rustig, Modderfontein, Suikerbosrand, Windy Brow, Sable ranch, and to top it off a Cedarberg hike for new year.

I hope to see you all soon on the trail.

Alex



UNTIL NEXT MONTH!

! An early morning walk is a blessing for the whole day!

If you have any suggestions or comments please let me know. I am even open to a little criticism -but not too much. My email address: sarahann0105@gmail.com

